# Effect of Supplementing Betaine on Productive Performance of Broiler Chickens Fed Diets Containing Different Levels of Choline

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## ABSTRACT

The objective of this study was to determine the effects of supplemental betaine and choline on productive performance of broiler chickens. A total of 240 oneday old of Ross strain unsexed chicks were randomly distributed into four treated groups: T1control group (basal diet without any addition)-T2, T3and T4 were content basal diet plus 6000 *PPM* betain and 0.5,1.0,1.5 gm choline / kg feed respectively. The results showed that the diet with 6000 *PPM* betaine supplementation plus 1.5gm choline/ kg feed increased (P <0.05)live body weight 'body weight gain ,and the feed conversion ratio at (2-5) week of age, however feed consumption during the 3<sup>rd</sup> to the 5<sup>th</sup> weeks of age. Meanwhile an improving in dressing percentage and reducing in mortality rate of birds were seen during the completely rearing period.

#### **INTRODUCTION**

Betaine and choline are considered the most important donor compounds for methyl group (CH<sub>3</sub>) that live body needs in its metabolic reactions, especially when subjected to any challenge. The biosynthesis of betaine is made by choline oxidation (Klasing et al., 2002), In chicks, betaine donates a methyl group (CH3) to homocysteine for the synthesis of methionine three times more than choline, it can replace part of methionine depending on the concentration of the cysteine in the diet (Waldroup, et al., 2006 and Rama et al, 2011). Betaine plays main role in metabolism, it acts as an osmolyte to help maintain cell water homeostasis, Kettunen et al. (2001) and Eklund et al. (2005) reported that the addition of betaine in poultry diets has reduced the risk of body dehydration and facilitated the process of water retention inside the living cell, especially intestinal cells. The osmo-protective property of betaine is due to the dipolar zwitterions and its high solubility in water (Shakeri et al., 2018). In broiler chicken's supplementation at various levels of betaine indicates some improvement on performance and carcass quality (Waldroup et al., 2006; Dilger et al. 2007; Rama et al., 2011; Sakomura et al.2013; Nofal et al.2015; Shakeri et al.2018; Mahoudi et al,2018; Wenchao et al.2019; Hosam et al.,2019 and Park and Kim,2019). It is well known that choline is a water soluble vitamin, it is an important source of methyl group for the methylation of homocysteine or functions as organic osmolyte ( Pillai et.al, 2006.) It used for the synthesis of acetylcholine which is responsible for the transmission of nerve impulses and phosphatidil, choline is responsible for the

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integrity of cell membranes, and plays an important role in the metabolism of fat in the liver its deficiency is associated with fatty liver. Supplementation of choline in broiler diet improves feed intake, feed efficiency and weight gain (Waldroup *et al.*, 2006; Dilger *et al.*, 2007; Hossain *et al.* 2014; Farina *et al.*2017; and Chandharil *et al.*,2017)

The present study conducted to determine the effect of supplementing broiler chickens' diet with betaine and choline on broiler performance.

#### **MATERIALS AND METHODS**

A total of 240 unsexed one- day old Ross strain chicks were randomly distributed into four treated groups: T1(control group) consist of basal diet without any addition (T2,T3and T4 were considered the treated diets which content basal diet plus 6000PPM betain and 0.5,1.0,1.5 gm choline / kg feed respectively. The chicks were fed starter ration for the first 21 days of age and grower ration for 22-42 days of age according to the strain catalog recommendation (table1). Lighting regime was provided constantly during experimental period, the live body weight · body weight gain ,feed consumption and the feed conversion ratio calculated weekly mortality rate dressing percentage and the productive index were calculated at the end of the experiment . A completely randomized design (CRD) within the statical analysis system (SAS,2001) was used to analyse the data for the effect of difference factors between the values of the studied parameters.

1	5	1 *
Ingredient	Starter ration%	Grower ration%
8		
	(1-21) days	(22-35) days
	(1-21) uays	(22-33) uays
yellow corn	591	630
yenow corn	J91	030
Soybean meal	360	318
Soybean mean	500	510
Broiler premix*	25	25
broner prennx	25	25

Table1. Composition and chemical calculated analysis of the experimental diets.

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Sunflower oil	6	12
DCP	7	4
Limestone	10	10
Vitamins and minerals	1	1
Total	1000	1000
	Calculated analysis**	
Crude Protein	22	20
Metabolizable energy kcal / kg of feed	2960	3040
Lysine	1.47	1.36
Methionin	0.53	0.48
Methionin + cysteine	0.96	0.92
Calcium	0.96	0.90
Avialable phosphorus	0.47	0.45
Crude fat	2.7	2.9
Crude fiber	2.8	2.8
C/P ratio	134.5	152

\* Broiler premix: DUFAMIX 964 ABAZ BROILER PREMI INCLSION 2.5%:

Moisture:1.36, Crude Protein:18.46, Metabolizeble Energy:2075Kcal/Kg, Crude Ash:7.33, Crude Fiber:0.81, Crude Fat:0.40, Calcium:18.23, Available Phosphorus:9.6, Magnesium:0.2, Potassium:0.15, Sulpher:2.12, Sodium:6.40, Lysine:8.23, Methionine:8.30, Meth.+Cyst.:9.15, Tryptophan:0.16, Threnine:1.28, Valine:1.13, Arginine:0.83, Histden:0.54, Glutamic:2.4, Aspartic:2.08, Tyrosine:0.53, Phenyle Alanine:0.76, Alanine:0.78, Leusine:1.37 and all the Necessary Vitamins and Minerals \*\*NRC (1994)

# **RESULTS AND DISCUSSION**

The effects of supplementation of betaine and choline to broiler diets on the live body weight are presented in table 2. The data showed that the addition treatments (T2, T3and T4) resulted to significant increase (P<0.05) in live body weight as compared to T1(control) at the 2<sup>nd</sup> week. Treatment 4 which contained (6000 *PPM* of betaine and 1.5mg choline / kg feed) gave the highest rate of live body weight at 3<sup>rd</sup>,4<sup>th</sup> and 5<sup>th</sup> weeks of age as well as in calculating the whole mean of this trait as compared to T1, T2, T3. The data of table 3 revealed also that the addition treatments (T2, T3and T4) resulted significant increases (P<0.05) in the means of weight gain at the 2<sup>nd</sup> week of age. Meanwhile during 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> weeks of age and in calculated the final weight gain of birds gave T4 the highest weight gain in comparing to those produced in T2, T3 and T1. No significant differences between all treatments in the means of feed consumption during the 1<sup>st</sup> and 2<sup>nd</sup> weeks of age (table 4) meanwhile the differences became significant (P<0.05) at the 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and the whole mean of this trait. The highest feed consumption recorded in T4 as compared to other supplemented groups while the less feed consumption was noticed in birds of group T1(table 4). It can be seen also from table 5 that during (3-5) weeks of age, T4 and T3 recorded significantly (P<0.05) best feed conversion ratio as compared to T2 and T1, as well as in calculating the whole mean of this trait.

Table 2. The effect of dietary supplementation of betaine and different levels of choline on live body weight of birds (gm)

Transformersta	Age in weeks					
Treatments	1	2	3	4	5	
Τ 1	160.47	354.14	632.27	1042.18	1623.74	
	±0.82	±1.26b	±3.79d	±8.29d	±11.68d	
Τ 2	159.92	367.37	651.56	1086.32	1711.65	
	±0.58	±1.18 a	±4.02c	±7.86c	±10.83c	
Т 3	161.22	370.33	663.48	1113.36	1769.17	
	±0.63	±1.33a	±3.42b	±7.17b	±11.26b	
Τ4	160.79	373.15	682.03	1160.52	1874.22	
	±1.01	±1.21a	±3.63a	±8.06a	±9.93a	
Significance	NS	*	*	*	*	
Level						

T1: control treatment without any addition T2,T3and T4 basal diet plus 6000*PPM* betain and 0.5,1.0,1.5 gm choline / kg feed respectively NS:no significant \*different letters in the same raw are significantly different(p<0.05)

Treatments		Age in weeks				
F	1	2	3	4	5	gain
Τ 1	128.66	193.67	278.13	409.91	581.56	1591.93
	±0.42	±2.03b	±2.94c	±4.17d	±4.62d	±13.39d
Τ 2	128.83	207.45	284.19	434.76	625.33	1680.56
	±0.56	±2.11a	±3.11bc	±3.62c	±3.90c	±11.22c
Т з	130.66	209.11	293.15	449.88	655.81	1738.61
	±0.39	±1.98a	±2.73b	±3.18b	±4.11b	±13.18b
Τ4	131.00	212.36	308.88	478.49	713.70	1844.73
	±0.42	±1.85a	±0.04a	±3.80a	±4.07a	±10.85a
Significance Level	NS	*	*	*	*	*

Table 3. The effect of dietary supplementation of betaine and different levels of choline on weight gain of birds(gm)(±se)

T1: control treatment without any addition T2, T3and T4 basal diet plus 6000*PPM* betain and 0.5,1.0,1.5 gm choline / kg feed respectively NS:no significant \*different letters in the same raw are significantly different(p<0.05)

Table 4. The effect of dietary supplementation of betaine and different levels of choline on feed consumption ((gm\ bird \day) (±se)

Treatments	Age in weeks					feed consumption
	1	2	3	4	5	consumption
Τ 1	136.80	360.69	4 55. 17	702.72	1140.36	2795.74
	±0.78	±2.87	±4. 6 8c	±6.35c	±9.72d	15.66d
Τ 2	137.41	370.11	4 60.31	726.44	1184.69	2878.96
	±0.88	±2.36	±3. 76 bc	±5.87b	±8.99c	18.18c
Τ <sub>3</sub>	137.70	373.47	469.48	740.78	1215.44	2936.87
	±0.75	±2.44	±4.12b	±5.68b	±8.72b	11.95b
Τ4	139.60	374.12	484.35	776.42	1284.87	3059.36
	±0.83	±2.25	±2.84a	±6.16a	±6.87a	16.29a
Significance Level	NS	NS	*	*	*	*

T1: control treatment without any addition T2,T3and T4 basal diet plus 6000*PPM* betain and 0.5,1.0,1.5 gm choline / kg feed respectively NS:no significant \*different letters in the same raw are significantly different(p<0.05)

Table 5. The effect of dietary supplementation of betaine and different levels of choline on feed conversion ratio (gm feed\gm

weight gain) (±se)						
Treatments	Age in weeks				Feed conversion	
	1	2	3	4	5	ratio
Τ 1	1.06	1.95	1.64	1.7 1	1.96	1.75
	±0.007	±0.009 b	±0.014b	±0.010c	±0.011c	±0.011b
<b>T</b> 2	1.07	1.87	1.62	1.67	1.89	1.62
	±0.006	±0.004 a	±0.011b	±0.003b	±0.011b	±0.008a
Τ <sub>3</sub>	1.05	1.87	1.60	1.65	1.85	1.60
	±0.006	±0.006a	±0.012ab	±0.003b	±0.008ab	±0.009a
Τ 4	1.07	1.85	1.57	1.62	1.80	1.67
	±0.005	±0.003a	±0.010a	±0.002a	±0.006a	±0.005a
Significance Level	NS	*	*	*	*	*

T1: control treatment without any addition T2, T3and T4 basal diet plus 6000 *ppm* betain and 0.5,1.0,1.5 gm choline / kg feed respectively NS:no significant \*different letters in the same raw are significantly different(p<0.05)

The improvement of broiler performance in this study could be due to the nutritional effects of betaine and choline as that they considered the most important donor compounds for methyl group (CH<sub>3</sub>) which the body needs in its metabolic reactions,especially when subjected to any challenge(Rama,2008). Betaine which donates methyl groups for methylation of homocysteine to methionine which is a prerequisite for the formation of protein in the body and thus improve the performance of birds(Zarei, *et al*, 2008; Rama et.al, 2011; Igwe, 2015 and Chandhari et.al, 2017). Honarbakhsh and Somero (2007) refared that the absorption of nutrients depends on intestinal epithelium and betaine contributes to protecting the intestinal epithelium as well as improving the digestion of nutrients.

These results agree with that recorded by (Hossain *et.al*, 2014; Igwe *et.al*,2015 and Alagawany *et.al*,2015)that the addition of betaine to broiler diets has improved the feed

consumption and enhanced feed conversion ratio and with (Waldroup et al., 2006; Dilger et al., 2007; Hossain et al. 2014 and Chandharil et al., 2017; Wang, 2018 ) by the role of choline inside the body as it is used to synthesize phosphatidylcholine which is responsible for the integrity of cell membranes and thus improve the production performance of poultry, and due to its role in fat metabolism, it is metabolized to different compounds in including phosphatidyl choline essential for cell membrane integrity and acetylcholine involved in neurotransmission ( (Pillai et.al, 2006 ). percentage recorded The mortility significant increase(P<0.05) (Table 5) in the comparative birds group(8.33% )compared with T2, T3, T4 which did not differ significantly with each other (3.33,3.33,1.66) due to the role of choline in preventing the accumulation of fat in the liver as well as its role in the prevention of

deformation and curvature of the legs( Ryu et.al, 1995).

Table 6: The effect of dietary supplementation of betaine and different levels of choline on the mortality percentage and productive index of birds (±se)

Treatments		productive index
	(%)mortality rate	
Τ 1	8.33	241.64
		-
	±1.66a	±1.45c
Τ 2	2.22	274.06
	3.33	274.86
	±1.66b	±1.11b
Т 3		
	3.33	287.44
	±1.66b	±0.71b
Τ 4		
-	1.66	317.23
	±1.00b	±1.16a
Significance	*	*
Level		
Level		

T1: control treatment without any addition T2, T3and T4 basal diet plus 6000*Ppm* betain and 0.5,1.0,1.5 gm choline / kg feed respectively \*different letters in the same raw are significantly different(p<0.05)

It is noted from Table (6) also that the treatment T4 gave the highest mean of the production index (p<0.05) compared with T2and T3 that did not morally differ with each other and with T1. The improvement of the index of the production index may be attributed to the improvement in the production performance of the experimental factors, indicating the high weight of the marketed bird, the decrease in the rate of destruction and the improvement of the feed conversion ratio.

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