

Surgical Treatment of Advanced Hypopharyngeal Cancer with Circumferential Pharyngeal Reconstruction Using a Radial Free Flap

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ABSTRACT

Reconstruction of pharyngeal defects after total laryngectomies and extirpation of hypopharyngeal and upper esophageal carcinomas presents a challenging task. Goals of reconstruction include restoration of normal swallowing and adequate voice rehabilitation. The reconstructive armamentarium contains many options for reconstruction and creation of a new upper digestive tract. This article focuses on the most commonly used free tissue transfer options for the reconstruction of these defects.

Keywords: Laryngopharynx cancer, reconstruction of pharyngeal defects

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INTRODUCTION

Squamous cell hypopharyngeal cancer in the structure of malignant head and neck tumors is about 3-5% [1, 2]. In 95% of cases, hypopharyngeal cancer has a squamous cell origin arising from the epithelial layer; the strongest etiological risk factors are alcohol use, tobacco use, and mutagenesis associated with human papillomavirus. [3-8] Malignant hypopharyngeal cancer is associated with the highest mortality rate of all head and neck cancers. Low survival rates are explained by the prevalence of late manifestations of the disease and aggressiveness of tumors arising in this localization. Cancer is the second most common cause of death in Kazakhstan [9-11]. According to the latest published data of statistical materials "Indicators of oncological service of the Republic of Kazakhstan", the incidence of hypopharyngeal cancer is 0.9:100000, about 171 new cases are registered annually, and it occupies the 17th rank in the morbidity patterns of malignant neoplasms. Mortality from hypopharyngeal cancer in 2018 in Kazakhstan was 0.6 per 100,000 population and it is increasing annually [12].

Most often, from 70% to 85%, squamous cell hypopharyngeal cancer is diagnosed at stages III–IV of the disease, which is due to long-term asymptomatic and infiltrative tumor growth [13]. An abundant lymph node network leads to frequent metastasis to the cervical lymph nodes, and at the time of diagnosis, 65-80% of cases already have metastases on the affected side, and 40% have occult nodal metastases on the contralateral side [14-15]. In spite of combined and complex therapy, immediate and long-term results of hypopharyngeal cancer treatment have the worst survival rate among all types of head and neck cancer; according to most authors, the 5-year overall survival rate ranges from 13 to 45% [16-20].

It is well known that the traditional approach to the treatment of locally advanced laryngeal cancer today is total laryngopharyngectomy, with partial or circular

resection of the larynx, resection of the cervical esophagus and one-stage reconstruction of the pharyngeal defect, followed by adjuvant radiotherapy [21-24]. In addition, surgery remains the preferred option when the disease relapses, and after earlier ineffective chemoradiotherapy [25]. Most patients often have nutritional deficiencies and significant metabolic disorders [26]. Also, patients who previously underwent radiation therapy or chemoradiotherapy have decreased regenerative reserves and, as a result, a higher risk of postoperative complications [27-29].

In this regard, the problem of one-stage reconstruction of the pharyngeal circumference and the cervical esophagus, as well as primary wound healing in the first stage, is a necessary component for the timely continuation of adjuvant therapy and is important as a rehabilitation phase [30]. There is currently no consensus on the best method for reconstruction of the pharynx and cervical esophagus after total laryngopharyngectomy and the issue still remains controversial [31-32]. Currently, free flaps are the preferred reconstruction option. Free visceral or free fasciocutaneous flaps are used to reconstruct circular defects in the larynx and cervical esophagus to create a neopharynx and restore the continuity of the digestive tract [33-38]. They provide a better functional result with fewer complications [39]. The most frequently used reconstructive options with satisfactory results have been free fasciocutaneous flaps [40-41].

In this article, we present clinical case of the use of a free fasciocutaneous flap to close defects after total laryngopharyngectomy with circular resection of the cervical esophagus.

MATERIALS AND METHODS

Clinical observation; Case presentation

Patient K., 27 years old, came to the Nur-Sultan city Multiprofile Medical Center (MMC) in January 2020 with

complaints of difficulty in eating, pain while swallowing, hoarseness and shortness of breath.

The anamnesis shows that the patient considers herself ill since June 2019, when during the 32nd week of pregnancy she noted the appearance of discomfort in the throat. After the end of pregnancy, the patient was treated for pharyngitis for one month, in dynamics due to increasing dysphagia and the appearance of an enlarged lymph node in the neck was examined in the cancer center of the place of residence, where after the diagnosis the patient received 3 courses of chemotherapy according to the scheme: Cisplatin, 5FU. Due to the progression of the process, she applied independently to the Nur-Sultan city Oncology Center.

Patient had no bad habits. HPV testing was not carried out. Repeated fibrogastroduodenoscopy, fibrolaryngoscopy and biopsy were performed again. Histological report: Squamous Cell Carcinoma, G2.

On examination: the laryngeal cartilages are flattened; the larynx is displaced. No crepitations are detected. Indirect laryngoscopy revealed an ulcerative-infiltrative tumor of the left pyriform sinus, with involvement of the posterior

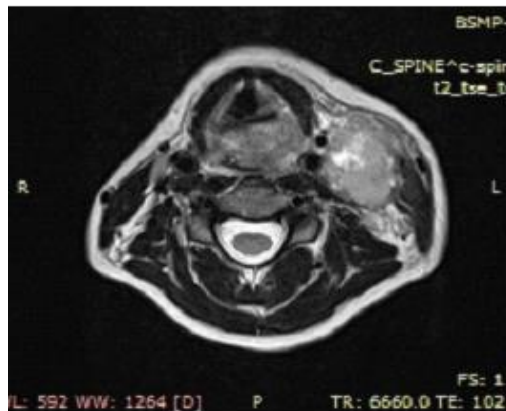
wall of the pharynx and larynx. The left side of the larynx is immobile, and the vocal cleft is narrowed to 3 mm in diameter. A conglomerate of lymph nodes with decay up to 6.0 cm in diameter and limited mobility is detected in projections of zone IIA on the left side. Magnetic Resonance Imaging of the neck with "Gadovist®" contrast agent was performed. Axial and frontal planes of the laryngopharynx projections revealed a tumor mass measuring 7.9 × 3.7 × 3.3 cm, infiltrating and invading the left lateral and posterior laryngeal wall, pyriform sinus, and vocal cords on the left side. The laryngeal lumen is narrowed, deformed, and the tumor extends to the anterior longitudinal ligament of the spine. A lymph node conglomerate measuring 8.0 × 5.4 × 5.5 cm under the lower jawbone on the left region (IB-IIA zones), extending beyond the skin (Fig.1)

On the basis of the medical history and examination the following diagnosis was made:

"IVA stage Hypopharyngeal cancer T4aN2cM0, III stage dysphagia. Laryngostenosis.

Second degree Cachexia".

A



B



Figure 1: Magnetic resonance imaging of the patient's neck in axial (A) and sagittal (B) projections. Diagnosis: Pharyngeal tumor with spreading to the cervical esophagus.

After discussion, the multidisciplinary team decided on a first-stage surgical intervention followed by adjuvant radiotherapy. Laryngectomy with circular resection of the larynx and cervical esophagus was performed under endotracheal anesthesia through a tracheostomy, hemithyroidectomy on the left, modified radical neck lymph node dissection on the left with resection of the accessory nerve, internal jugular vein, external carotid

artery, selective neck lymph node dissection on the right, plastic surgery of the postoperative defect with a free fasciocutaneous radial flap from the left forearm. To form the pharynx, a free fasciocutaneous radial flap 12 × 8 cm in size was excised, with the radial artery and cerebral vein, and microsurgical vascular anastomoses were applied to the recipient facial artery and vein (Fig. 2).

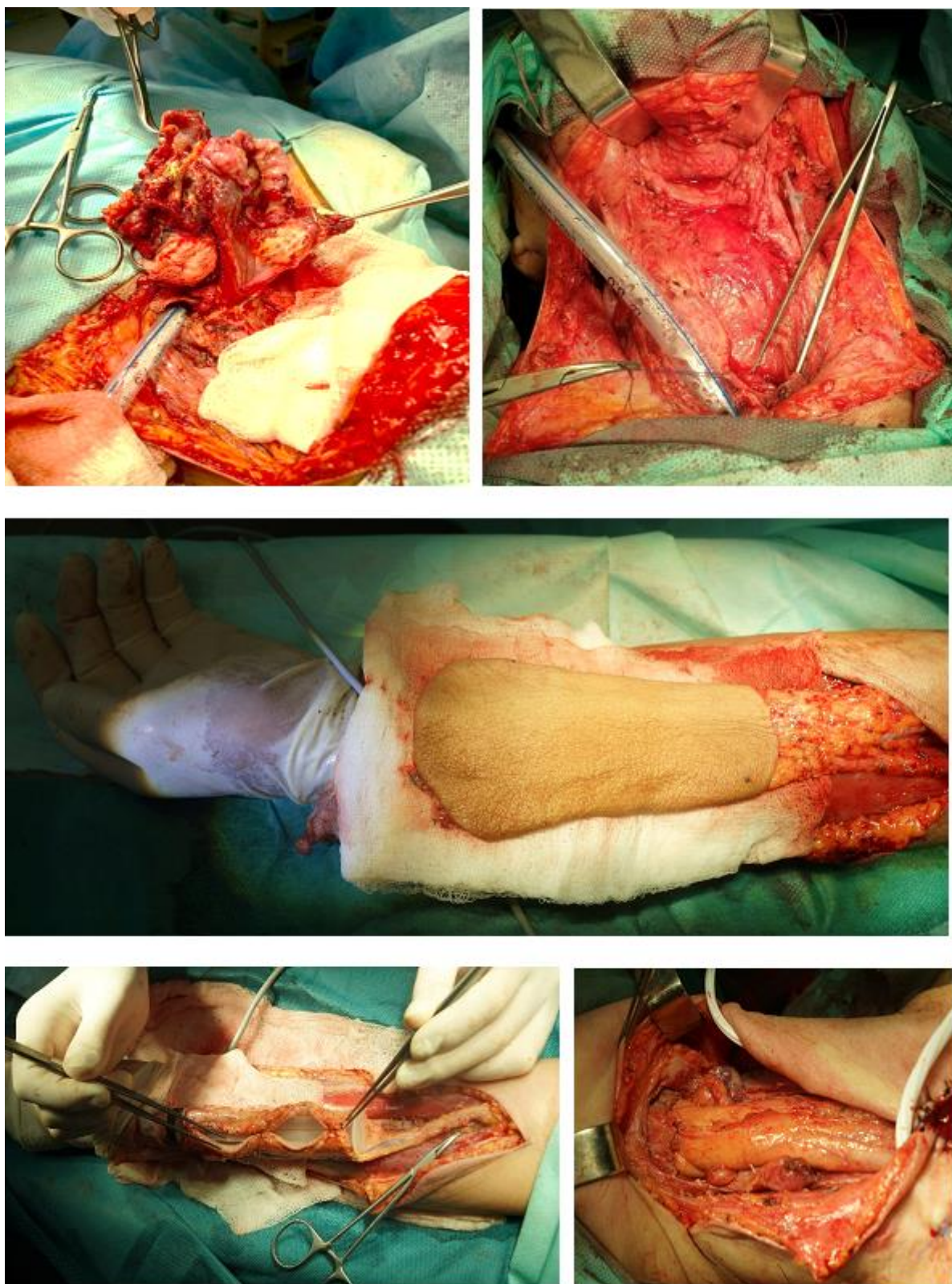


Figure 2: Surgical intervention in patient M.: A - external view of the operating field; B - view of the operating wound after tumor removal, defect formed; C - radial flap formed; D - stages of neopharynx creation; E - neopharynx formed.



Figure 3: Radioscopy with barium sulfate performed on the 10th day after surgery. There are no signs of anastomosis failure.

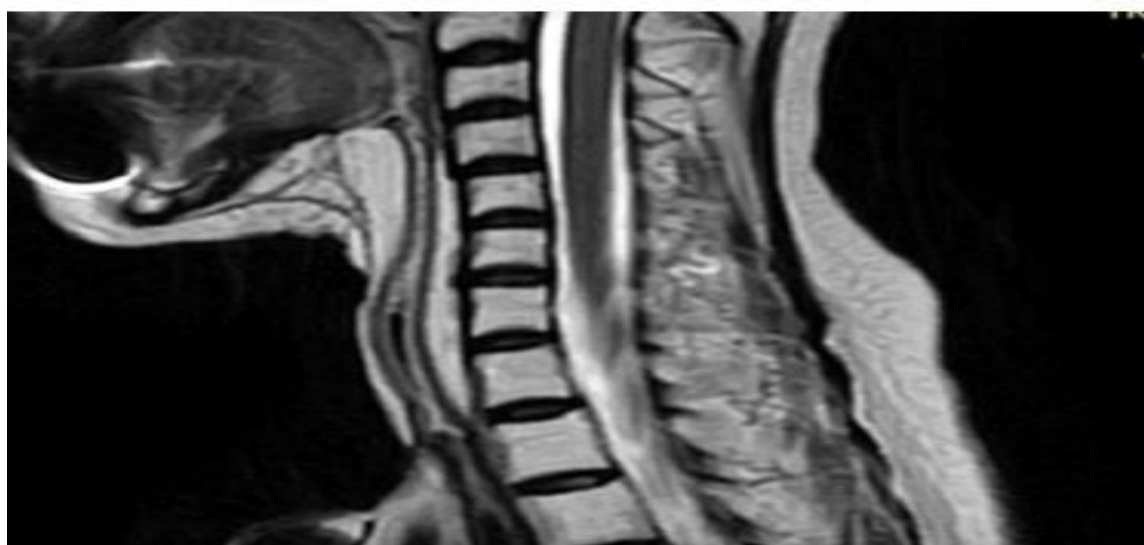
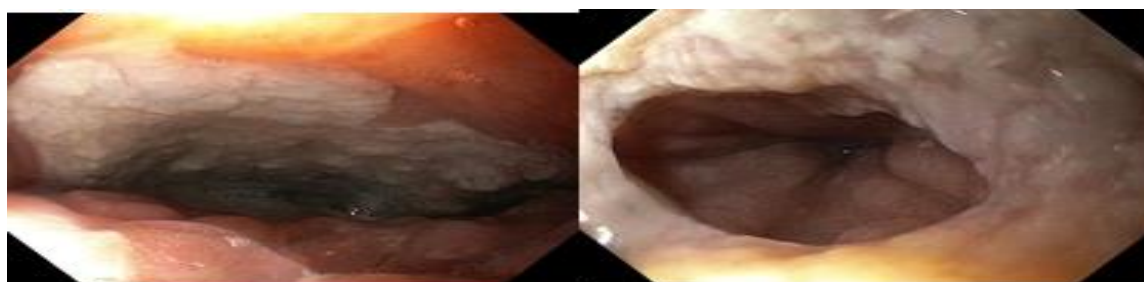


Figure 4: Videolaryngoscopy and MRI picture of a free radial flap 8 months after reconstruction of a circular pharyngeal defect.

The post-operative period was without complications and the patient was discharged 14 days after surgery in a satisfactory condition, followed by continuation of adjuvant radiotherapy.

DISCUSSION

Reconstruction after laryngopharyngectomy for locally advanced squamous cell hypopharyngeal cancer remains a challenge in the practice of head and neck surgery. A free fasciocutaneous radial flap is used in our institution as the preferred option for reconstruction of circular laryngeal defects in locally advanced squamous cell laryngopharynx cancer. The technique itself is relatively simple but reliable and works well in difficult clinical settings. It approaches the ideal goals of reconstruction and includes both a one-stage procedure allowing adequate resection of the tumor, use of tissue outside the field of preoperative irradiation, feasibility for two surgical teams, low donor site morbidity, large vascular caliber and long vascular stalk, as well as no abdominal or thoracic surgery required. The good functional results of swallowing associated with this flap allow patients to achieve a satisfactory quality of life most quickly.

CONCLUSIONS

A single stage combined surgical intervention is the only method aimed at helping this complex category of patients and giving a chance to obtain satisfactory results. Despite the high risk and unfavorable prognosis, well-planned and performed surgical treatment can achieve good results.

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